

2019 Pinnacle Pacer Schedule

December 14-16, 2018

Location: JCCC Fieldhouse

12345 College Blvd

Overland Park, KS 66210

www.pinngym.com



Friday, December 14th	Level 6	Open Stretch	11:00 AM
		March In	11:20 AM
		Timed Warm Up	11:30 AM
	Level 7 and Xcel Diamond	Open Stretch	2:15 PM
		March In	2:35 PM
		Timed Warm Up	2:45 PM
	Level 8, 9, and 10	Open Stretch	5:30 PM
		March In	5:50 PM
		Timed Warm Up	6:00 PM
Saturday, December 15th	Xcel Platinum	Open Stretch	8:00 AM
		March In	8:20 AM
		Timed Warm Up	8:30 AM
	Level 4 (See Teams Below) and Level 5 360 Gymnastics, Diamond, Genesis, Kansas Kips KGDC, LGA, Wichita	Open Stretch	11:00 AM
		March In	11:20 AM
		Timed Warm Up	11:30 AM
	Level 4 (See Teams Below) Byrd's, CAGE, Manhattan, MO Elite, Pinnacle	Open Stretch	1:45 PM
		March In	2:05 PM
		Timed Warm Up	2:15 PM
	Level 3 (See Teams Below) Byrd's, Kansas Kips, Manhattan, MO Elite, Pinnacle	Open Stretch	4:30 PM
		March In	4:50 PM
		Timed Warm Up	5:00 PM
Level 3 (See Teams Below) CAGE, Diamond, KGDC, Pinnacle	Open Stretch	6:30 PM	
	March In	6:50 PM	
	Timed Warm Up	7:00 PM	
Sunday, December 16th	Xcel Gold	Open Stretch	8:30 AM
		March In	8:50 AM
		Timed Warm Up	9:00 AM
	Xcel Silver	Open Stretch	11:30 AM
		March In	11:50 AM
		Timed Warm Up	12:00 PM
	Xcel Bronze	Open Stretch	2:45 PM
		March In	3:05 PM
		Timed Warm Up	3:15 PM